



## **4 YEAR PLAN**

### **White Paper Report on Addiction Services 2016 – 2020**

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There is no way to understand the real options involved in the future unless you explore the success of the past and become involved in planning the future.



## **Testimonials from Clients**

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- “Just isn’t enough words in the dictionary to explain how truly grateful I am to have been given this opportunity.”
- “Thank you so much for believing in me and giving me this opportunity to learn about myself and my disease.”



## Testimonials from Clients

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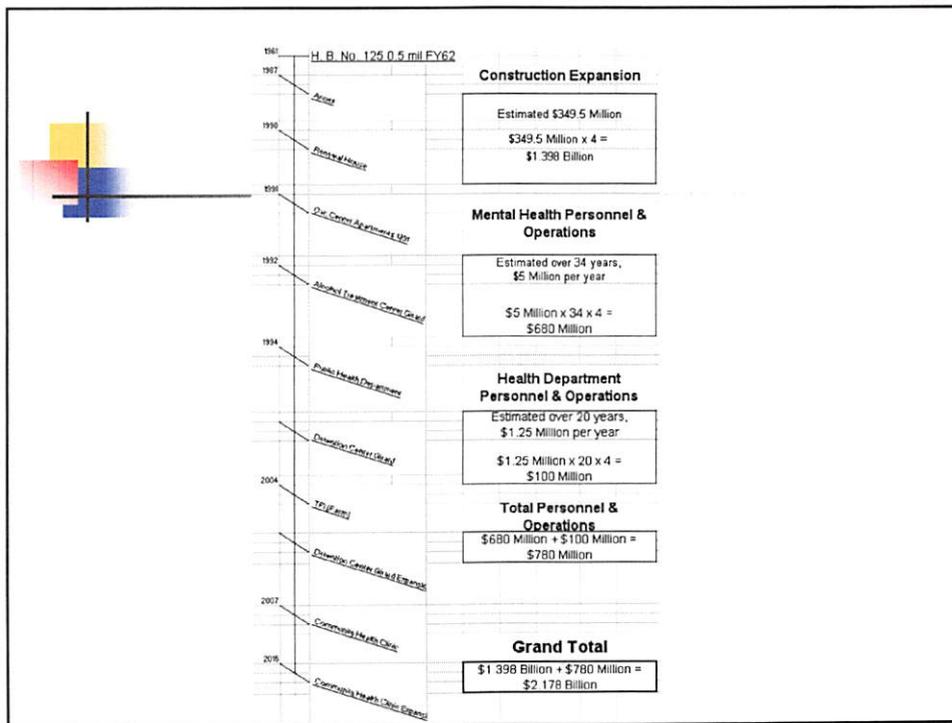
- “And most importantly, when my girls look at me today their eyes are full of pride and trust and love! I am on my way to the Women’s House today and I am filled with peace and excitement.”



## Economic Development

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- Employment Impact
  - 180 full and part-time employees
- Direct Economic Effects
  - Growth and expansion of services and the facilities to house them
- Indirect Economic Effects
  - Utilities, Pay to Employees, Recirculation of \$ to other local businesses



- ## History
- **1962** - Kansas legislature HB-125 Authorizing Mental Health Clinics
  - **1964** - CMHCCC became operational in February, 1964, as a part-time Psychiatric Clinic
  - **1975** - The CMHC Act was amended, Expanded core services to include: children's services, screening services, transitional services and substance abuse services
  - **1980** - The Mental Health Systems Act, which resulted in federal grants resulted for CMHCs to assist in expanding services to meet an array of priority populations



## History

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- **1986** - Mental Health Annex at 30th and Michigan
- **1990** - Alcohol Treatment Center Proposal to State and primary care began
- **1990** – 1<sup>st</sup> SEK Reintegration program - Renewal House,
- **1991** - Oakplace apartment complex built - first transitional apartments at a CMHC in Kansas
- **1992** - Alcohol Treatment Center built in Girard
- **1996** - Passage of the first parity law, which prohibits insurers or plans serving 50 or more employees from setting lower annual or lifetime dollar caps on mental health benefits than for other health benefits



## Town Meetings & Focus Group

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- Approximately 200 people in total attended the 4 town meetings
- 1<sup>st</sup> meeting – empathy and consumer care
- 2<sup>nd</sup> meeting – medical detox
- 3<sup>rd</sup> meeting – psychiatric attendant care
- 4<sup>th</sup> meeting – illness of addiction and social and medical detox
- All meetings – youth addiction services

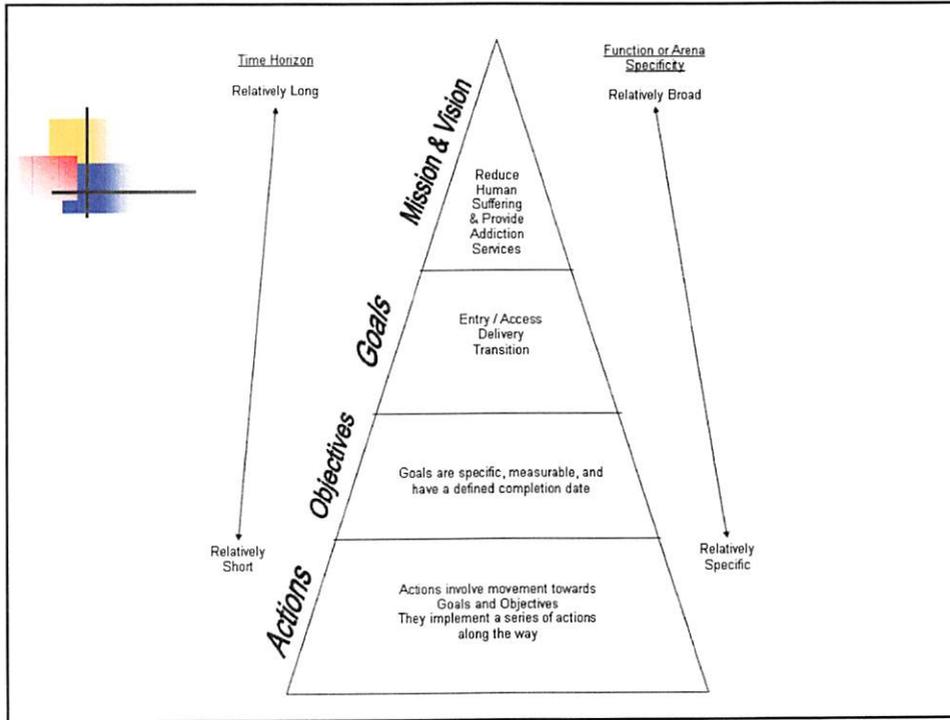


## Goals and Objectives

- Created from the town meetings where items were categorized by
  - Present Concerns/ Improvements
  - New Developments/Things to be done
- Mission and Vision
  - Reduce human suffering and provide addiction services
- Treating alcohol and drug issues were number one and two top concerns in the Lower 8 Community Health Assessment

Present Concerns/ Improvements	New Development/ Things to be Done
Medical Detox <span style="float: right;">E</span> * Funding * Coordination of Care * Improve with local hospitals	Reintegration <span style="float: right;">D</span> * Expand women services * Create for men (10-15 beds) - Off Campus * Oxford House
Waiting list for women <span style="float: right;">E &amp; D</span>	Access to Large Meeting Rooms <span style="float: right;">T</span> * NA
More Beds Needed <span style="float: right;">D</span>	Drug Court <span style="float: right;">T</span>
Fiscal Concerns <span style="float: right;">E</span>	Partnership with Area Educators <span style="float: right;">E</span> * Greenbush * Colleges & Universities
Save Human Suffering <span style="float: right;">M &amp; V</span>	CHC Medication Assisted Treatment <span style="float: right;">D</span>
Attendant Care Medical Delivery <span style="float: right;">E</span>	Medical Detox Coordination of Care <span style="float: right;">E &amp; D</span> CHC Medication Assisted Treatment <span style="float: right;">D</span>
Continue to Develop <span style="float: right;">T</span> * Recovering Community * Spiritual * Peaceful location	Youth Primary Care <span style="float: right;">D</span> * Regionally Beds
Solid Relationship with CHC <span style="float: right;">E &amp; D</span> * Dental * Medical * Social Detox	24 Hour Social Detox <span style="float: right;">E</span> Expanded Beds <span style="float: right;">D</span> * Detox * Reintegration * Psych Attendant care
	Ask City and County Commissioners to fund all <u>Addiction care (gambling)</u> <input checked="" type="checkbox"/> Zip Code Analysis of Patients <input checked="" type="checkbox"/>
	Locked Facility? <span style="float: right;">D</span> * Psych Attend Care * Social Detox
	Bed Access <span style="float: right;">D</span> * Primary care * Social detox * Attendant care

M & V Mission & Vision  
 E Entry / Access  
 D Delivery  
 T Transition



## 1. Goal: Expand medical array of Alcohol and Drug Services

**1.a Objective:** Coordinate medical detox services and add additional social detox beds to (5)

**1.a Action 1:** Coordinate with local services for medical expertise

- \* Girard Hospital
- \* CHC SEK
- \* Via Christi

**1.b Action 2:** Increase beds for social detox by 3

**1.c Action 3:** Work out funding payer source of medical detox for uninsured and underinsured patients

**1.d Action 4:** Recruit and train physician and necessary medical staff to meet State of Kansas regulations



## 2. Goal: Develop more psychiatric crisis stabilization services to promote public safety

**2.a Objective:** Establish additional crisis beds to serve both genders (can only serve 1 gender at a time now)

**2.a Action 1:** Ensure adequate staffing needs to meet State of Kansas ratio requirements to include hiring and training

**2.b Action 2:** Find funding sources for uninsured and underinsured patients

**2.c Action 3:** Build psychiatric crisis stabilization facility/beds



## 3. Goal: Expand Alcohol and Drug Service array in the community

**3.a Objective 1:** Create relationships with community partners for service provision and funding

Men's Reintegration	Casino (gambling)
Drug Court	Adolescent
Greenbush	Universities
Counties/Cities	12 Step
Spiritual Partners	

**3.b Objective 2:** Create residential adolescent Alcohol and Drug Services (intermediate and social detox)

**3.c Objective 3:** Create residential gambling Addiction Primary Care (intermediate)



## Client Zip Code Analysis

City of Residence at Time of Admission	Number of Clients Served from this location		
Crawford County Residents	324		
Southeast Kansas Area	291		
Other	112		
Total	727		
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ARCADIA, KS	7	GIRARD, KS	43
ARMA, KS	17	HEPLER, KS	1
CHEROKEE, KS	5	MCCUNE, KS	4
FARLINGTON, KS	2	MULBERRY, KS	12
FRANKLIN, KS	6	PITTSBURG, KS	213
FRONTENAC, KS	13	WALNUT, KS	1



## Architect Analysis

- Architect Analysis expected completion date is June 14, 2016.



## Now

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- We are the public safety net for adults and children.
- Provide services 24/7 in 8 locations
  - Save-line 620-232-SAVE
- Oakplace, Renewal House, ATC
  - Unique in SEK
  - More **comprehensive** than anyone else in the state



## In the Future

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- Lobby Policy Makers
  - Protect and increase community based mental health and alcohol and drug services
- Educate Communities
  - Reduce Stigma



## Our Message

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- Reduce Human Suffering for
  - Consumers and Families
- People with substance abuse or mental illness can recover and lead full productive lives
- Early education, diagnosis and treatment can help children reach their full potential